

EMPLOYMENT SERVICES
 975 MEYERSIDE DRIVE, MISSISSAUGA, ON L5T 1P9 · 905.670.1967 · WWW.PEELCAREER.COM

MARCH 2019 ERC & WORKSHOP CALENDAR

Space is limited: please call 905.670.1967 or email erc@peelcareer.com to register!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5 Job Search Boot Camp 1: LinkedIn. The Power of Networking and your Online presence 10 am - 11:30 am	6	7 Life/Essential Skills 1: Managing Job Loss Identifying Skills/ Building Self Esteem 9:30 am – 12 pm	8
11	12 Job Finding Club 10am - 11:30am	13 Career/Vocational Assessment: 9:30 am - 12pm	14 Interview Skills: Convince the Employer to hire YOU! 9:30 am – 12 pm	15
18	19 Job Search Boot Camp 2: Marketing Your Employment Value/Strengths 10 am - 11:30 am	20 Hire Canada Job Fair Living Arts Centre 4141 Living Arts Drive. Mississauga, ON 11 AM – 3 PM	21	22
25 Second Career Info Session 9:30 am - 10:30 am	26	27 Job Finding Club 10 am - 11:30am	28 Resume Workshop 9:30 am – 12 pm	29

ERC Hours: Monday – Thursday: 8am - 4pm, Friday: 8am - 12pm

CORE MONTHLY WORKSHOP DESCRIPTION

Resume Workshop: Learn about different resume styles and how to select the most effective style for you. In this workshop you will learn how to develop a resume that gets the employers attention and captures their interest so that they will contact you for an interview!

Interview Skills - Convince the Employer to Hire YOU! : Learn how to effectively answer common and challenging interview questions and practice during a group and/or one-on-one mock interview!

Second Career Info Session: A comprehensive review of the Second Career program eligibility requirements and detailed step-by-step information regarding the application process.

Career Assessment Workshop: A series of career assessment workshops that will assist individuals seeking to gain additional insights into their career path that matches their unique profile.

PROFESSIONAL DEVELOPMENT WORKSHOP DESCRIPTIONS

Job Search Boot Camp: Attend our Boot Camp training sessions to strengthen your job search muscle. You will develop key strategies to "brush up" on your employability fitness. A **must** attend for those who need to **STAND OUT** in the highly competitive job search market! You will leave with increased confidence and insider HR tips and tricks to help you land your ideal job!

1. LinkedIn...the Power of Networking and your Online presence
2. Marketing your employment value/strengths
 - a. Job Search techniques and how to find your Dream Job
3. Behavioural-based interview questions and how to answer them like a rock star!
 - a. Dressing for success
 - b. Post-interview etiquette
 - c. Tips for following up

Personality Dimensions: "The Personality Dimensions Workshop will allow you to have a clearer understanding of yourself and an appreciation of others. It will also provide you with a valuable base for empowering communication with others.

Life/Essential Skills Workshop: Designed to assist clients with coping with job loss, the process of self repair and setting goals. The workshop is a three part series that tackles:

1. Managing Job Loss
 - a. Identifying Skills
 - b. Building Self Esteem
2. Job Retention
 - a. Conflict Resolution
 - b. Anger Management
3. Time Management
 - a. Goal Setting
 - b. Problem Solving
 - c. Decision Making

Workshops are available to everyone FREE of charge!

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