



975 MEYERSIDE DRIVE, MISSISSAUGA, ON L5T 1P9 • 905.670.1967 • WWW.PEELCAREER.COM

JULY 2017 ERC & WORKSHOP CALENDAR

Space is limited so please call 905.670.1967 or email erc@peelcareer.com to register!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Office Closed Happy Canada Day 	4	5	6 Resume Workshop 9am - 11:30am	7
10	11	12 Job Search Boot Camp 5: Behavioural based interview questions. 10am - 11:30am	13	14
17	18 Life/Essential Skills 4: Conflict Resolution and Anger Management 9am - 11:30am	19	20 Interview Skills: Convince the Employer to hire YOU! 9am - 11:30am	21
24 Personality Dimensions Workshop 9am - 12pm	25	26 Job Search Boot Camp 6: Wage negotiation. 10am - 11:30am	27	28
31 Second Career Info Session 9:30am - 10:30am				

ERC Hours: Monday - Thursday: 8am - 4pm, Friday: 8am - 12pm
 closed Monday to Thursday between 12pm and 1pm for lunch



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CORE MONTHLY WORKSHOP DESCRIPTIONS

Resume Workshop: Learn about different resume styles and how to select the most effective style for you. In this workshop you will learn how to develop a resume that gets the employers attention and captures their interest so that they will contact you for an interview!

Interview Skills - Convince the Employer to Hire YOU!: Learn how to effectively answer common and challenging interview questions and practice during a group and/or one-on-one mock interview!

Second Career Info Session: A comprehensive review of the Second Career program eligibility requirements and detailed step-by-step information regarding the application process.

PROFESSIONAL DEVELOPMENT WORKSHOP DESCRIPTIONS

Job Search Boot Camp: Attend our Boot Camp training sessions to strengthen your job search muscle. You will develop key strategies to "brush up" on your employability fitness and accelerate your job search - a must attend for those who need to STAND OUT in the highly competitive job search market! This Job Search Boot Camp is jam-packed with information that can give you the competitive edge. You will walk away with increased confidence and insider HR tips and tricks to help you land your ideal job!

1. How strong is your job search muscle? Self analysis for planning and success!
2. Dressing for success and how to hone your elevator pitch
3. Healthy job search habits for success: how to stay motivated throughout your search
4. Who is looking at you online? Tips that make LinkedIn do the job hunt for you
5. Behavioural based interview questions and how to answer these questions like a rock star!
6. Wage negotiation, challenging references and job retention

Personality Dimensions: "The Personality Dimensions workshop will allow you to have a clearer understanding of yourself and an appreciation of others. It will also provide you with a valuable base for empowering communication with others. You can use it as a reference to help you put your PD learning into action at work, at home, with friends, and in your community – in all aspects of your life."

Life/Essential Skills workshops: Designed to assist clients with coping with job loss, the process of self repair and setting goals. The workshop is a six part series that tackles:

1. Managing Job Loss
2. Job Retention
3. Identifying Skills and Building Self Esteem
4. Conflict Resolution and Anger Management
5. Time Management and Goal Setting
6. Problem Solving and Decision Making

Workshops are available to everyone FREE of charge!

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